


Length to Weight Conversions

Fish can sometimes be harmed when weighed. Using this chart and a *RODRULE*, you can quickly determine the approximate weight of your fish and return it to fight another day.

Brook Trout	
<i>length</i> <small>(inches)</small>	<i>weight</i> <small>(lbs. ounces)</small>
10	0.6
10.5	0.7
11	0.8
11.5	0.10
12	0.11
12.5	0.12
13	0.14
13.5	1.0
14	1.2
14.5	1.4
15	1.6
15.5	1.8
16	1.11
16.5	1.14
17	2.0
17.5	2.4
18	2.7
18.5	2.10
19	2.14
19.5	3.2
20	3.6
20.5	3.10
21	3.15
21.5	4.3
22	4.8
22.5	4.13
23	5.3
23.5	5.9
24	5.15
24.5	6.5
25	6.12
 <p>The Original RODRULE MEASURING FISH WITH ACCURACY. www.rodrule.com</p>	

Brown Trout	
<i>length</i> <small>(inches)</small>	<i>weight</i> <small>(lbs. ounces)</small>
12	0.10
12.5	0.12
13	0.13
13.5	0.15
14	1.1
14.5	1.3
15	1.5
15.5	1.7
16	1.9
16.5	1.12
17	1.14
17.5	2.1
18	2.4
18.5	2.7
19	2.11
19.5	2.14
20	3.2
20.5	3.6
21	3.10
21.5	3.14
22	4.3
22.5	4.8
23	4.12
23.5	5.2
24	5.7
24.5	5.13
25	6.3
25.5	6.9
26	6.15
26.5	7.6
27	7.13
27.5	8.4
28	8.12
28.5	9.3
29	9.11
30	10.12

Rainbow Trout	
<i>length</i> <small>(inches)</small>	<i>weight</i> <small>(lbs. ounces)</small>
12	0.10
12.5	0.11
13	0.12
13.5	0.14
14	1.0
14.5	1.1
15	1.3
15.5	1.5
16	1.7
16.5	1.10
17	1.12
17.5	1.15
18	2.1
18.5	2.4
19	2.7
19.5	2.11
20	2.14
20.5	3.2
21	3.5
21.5	3.9
22	3.13
22.5	4.2
23	4.6
23.5	4.11
24	5.0
24.5	5.5
25	5.11
25.5	6.0
26	6.6
26.5	6.12
27	7.2
27.5	7.9
28	8.0
28.5	8.7
29	8.15
30	10.0

Lake Trout	
<i>length</i> <small>(inches)</small>	<i>weight</i> <small>(lbs. ounces)</small>
15	1.0
15.5	1.2
16	1.4
16.5	1.6
17	1.8
17.5	1.11
18	1.13
18.5	2.0
19	2.3
19.5	2.6
20	2.9
20.5	2.12
21	3.0
21.5	3.4
22	3.8
22.5	3.12
23	4.0
23.5	4.5
24	4.9
24.5	4.15
25	5.4
25.5	5.9
26	5.15
26.5	6.5
27	6.11
27.5	7.2
28	7.8
28.5	7.15
29	8.7
30	9.6
31	10.7
32	11.8
33	12.11
34	14.0
35	15.5
36	16.12

Note: These figures are approximates only. Actual weights will vary from geographic location, fish habitat, lakes and streams.